

**TEENAGE PREGNANCY AND PARENTHOOD STRATEGY ACTION PLAN
ACCELERATING PROGRESS 2008-2009**

N1 Vital Signs.

Strategic area: Contraceptive and Sexual Health Services				
PRIORITY A				
Priority Objectives	Suggested Leads Director/ Workstream	Headline actions	Success measures	Current position
<p>Reduce under 18 conception rate by 22.7% from 1998 (2008/9) and 28.6% (2009/10). N1, 112</p> <p>Reduce under 16 conception rate by x% by 2010</p> <p>Reduce STI rates in young people year on year (prevalence of Chlamydia) N1 113</p>				
<p>Key outcomes</p> <p>Increased access to sexual health, contraceptive and abortion services by young people</p> <p>Young people have increased self respect and self esteem and delay sexual activity</p> <p>Young people have increased knowledge, skills and confidence in relation to sexual health, contraception and relationships</p> <p>Added Value</p> <p>Integrated and cohesive services</p> <p>Reduction in repeat abortions</p> <p>Improved information sharing</p> <p>Improved attendance and attainment NI 75</p> <p>Age of first conception is increased</p> <p>Cost savings from avoided unplanned pregnancies, treatments and complications of STI</p>	<p>Steve Wainwright/ Gill Stansfield/ Richard Hart</p>	<p>A(i) Comprehensive public health and information linked to national campaigns</p> <p>A(ii) Adoption of You're Welcome quality criteria</p> <p>A(iii) Positive promotion of LARC with appropriate counselling support to young people and workers</p> <p>A(iv) Development of learning/community based sexual health services</p> <p>A(v) Staff trained on delay and promoting self respect</p> <p>A(vi) Sexual health and contraceptive services reviewed to improve accessibility, e.g. mystery shopping</p>	<p>Number of new contacts for young people (under 19) at CASH services</p> <p>Proportion of repeat births and abortions under 19</p> <p>No. of CASH services on or near schools</p> <p>Proportion of pregnancies under 16, 16-17, 17-18, 18-19</p> <p>Health and Lifestyle Survey 2008</p> <p>Integrated working in sexual health and contraceptive services</p>	

Strategic area: PSHCE and SRE				
PRIORITY B				
Priority Objectives	Suggested Leads Director/ Workstream	Headline actions	Success measures	Current position
<p>Reduce under 18 conception rate by 22.7% from 1998 (2008/9) and 28.6% (2009/10) NI 112</p> <p>Reduce under 16 conception rate by x% by 2010</p> <p>Reduce STI rates in young people year on year NI 113</p>				
<p>Key Outcomes</p> <p>Well trained and confident staff deliver quality PSHE and enhanced SRE curriculum in schools</p> <p>Young people receive consistent and quality PSHE and evaluate it positively</p> <p>Parents have increased confidence to speak to their children about SRE</p> <p>Young people have increased knowledge, skills and confidence to manage risk taking, experimentation and exploitation</p> <p>Added Value</p> <p>Achieving NHSP target</p> <p>Improved attendance and attainment NI 175</p> <p>Reduced NEET and increased participation NI 117, NI 110</p> <p>Improved parent and child relationships</p> <p>Young people able to negotiate and develop positive relationships with each other NI 50</p>	<p>Edna Sutton/ Graham Lund</p>	<p>B(i) Strategic development to prioritise PSHE in primary and secondary schools, including PRUs</p> <p>B(ii) Co-ordinated approach to the development of PSHE/SRE and sexual health services</p> <p>B(iii) Training for staff and parents on SRE, e.g. speakeasy programme</p> <p>B(iv) Training on delivery of SRE to teachers, including PSHE CPD</p> <p>B(v) Training includes key aspects of delay and safer sex with links to alcohol and drugs</p> <p>B(vi) Information, support and referral to locally accessible and acceptable Drugs, Alcohol and CASH services</p>	<p>% completed PSHE CPD and have delivered at least 1 session</p> <p>Number of schools receiving specialist SRE provision</p> <p>Better healthy outcomes as demonstrated in Health and Lifestyle Survey 2008 (see CASH section)</p> <p>No of Schools achieving NHSP gold standard</p> <p>No. of parents engaged in speakeasy or similar programmes</p>	

Strategic area Targeted Work				
PRIORITY C				
Priority Objectives	Suggested Leads Director/ Workstream	Headline actions	Success measures	Current position
<p>Reduce under 18 conception rate by 22.7% from 1998 (2008/9) and 28.6% (2009/10). NI 112</p> <p>Increase the no. of 16-18yr olds in EET NI 117</p>				
<p>Key outcomes</p> <p>High quality, consistent, advice and service information is provided for vulnerable young people</p> <p>Intensive SRE is delivered for parents of teenagers</p> <p>Teenage pregnancy programme targeted at wards with the highest TP rates</p> <p>Reduction in the no. repeat terminations and second unplanned pregnancies</p> <p>Delaying the age at which young people start drinking and reducing risky behaviours among those who do drink</p> <p>Added value</p> <p>Fosters success, ambition and raises aspirations in young girls most at risk of early pregnancy NI 50, NI 87</p>	<p>Edna Sutton/ Rick Lohan</p>	<p>C(i) Early identification of young girls with multiple risk factors, e.g. <i>Mental Health problems/Conduct Disorder/ Involvement in Crime Alcohol and Substance Misuse Repeat Abortions Leaving school at 16 with no qualifications Low Educational Attainment Dis-engagement from School Daughter of a Teenage Mother Ethnicity Parental Aspirations Looked After Care</i></p> <p>C(ii) Alternative learning support is provided for young girls who fall behind in school</p> <p>C(iii) FNP is able to signpost and support young vulnerable parents and families</p> <p>C(iv) Well Being Teams target schools with pupil populations from areas at risk of teenage pregnancy</p>	<p>Percentage of young women in LA aged 15-19 in care or care leavers known to be mothers</p> <p>No. of young girls receiving targeted Youth Development Programmes</p> <p>The no. of parents of teenagers attending a parenting course with an SRE element in the last year</p> <p>Percentage difference between average 'hotspot' ward rate and overall LA rate</p> <p>Health and Lifestyle Survey 2008 <i>Frequency of drinking alcohol and being out of control % of young people who</i></p>	

		<p>C(v) Strategic links established with DAAT around SRE, Alcohol and Drugs</p> <p>C(vi) Deliver 'Risky Behaviours' programmes which include associations between alcohol, substance misuse and SRE</p> <p>C(vii) Work with BBEMI and service providers to incorporate needs of ethnic minorities</p>	<p><i>have sex under 16</i></p> <p><i>% using a condom every time</i></p> <p><i>% having sex after alcohol</i></p> <p>Evidence that services provide information and advice for ethnic minorities</p>	
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Strategic area Reintegration				
PRIORITY D				
Priority Objectives	Suggested Leads Director/ Workstream	Headline actions	Success measures	Current position
<p>N Reduce under 18 conception rate by 22.7% from 1998 (2008/9) and 28.6% (2009/10). NI 112</p> <p>60% of Teenage mothers in EET by 2010 NI 117</p> <p>Reduce the number of second and subsequent conceptions year on year</p>				
<p>Key outcomes</p> <p>Good quality and flexible childcare provision for young parents</p> <p>Good quality, flexible and appropriate learning options are available for young parents</p> <p>Increased number of successful care to learn applications</p>	<p>Edna Sutton/ Rick Lohan</p>	<p>D(i) Promotion of Care to Learn package across borough for both users and staff</p> <p>D(ii) Systematic approach to data sharing</p> <p>D(iii) Ensure information, support and referral (if appropriate) to locally accessible and acceptable Drugs, Alcohol and Sexual Health</p>	<p>% increase in C2L uptake</p> <p>No. of teenage parents supported through FNP programme</p> <p>No. of child care places for the under 2's</p> <p>Increase in no. of</p>	

<p>Increased number of young parents in EET</p> <p>Added Value</p> <p>Increased use of childcare provision NI 118 Improved early years provision for vulnerable groups Young parents have improved financial position Improved young mothers mental health Improved family & child development</p>		<p>Services</p> <p>D(iv) Encourage engagement in alternative learning activities that foster success, ambition and raise aspirations (before leaving school)</p> <p>D(v) Flexible courses on offer locally, e.g. modular, part-time and tutor courses</p>	<p>teenage parents in EETs</p>	
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Strategic Area Better Support/Workforce Development				
PRIORITY E				
<p>Priority Objective</p> <p>Reduce under 18 conception rate by 22.7% from 1998 (2008/9) and 28.6% (2009/10). NI 112</p> <p>60% of Teenage mothers in EET by 2010 NI 117</p> <p>Reduce the number of second and subsequent conceptions year on year</p>	<p>Suggested Leads Director/ Workstream</p>	<p>Headline actions</p>	<p>Success measures</p>	<p>Current position</p>
<p>Key Outcomes</p> <p>Increase in number of early pregnancies identified through CAF and lead professional</p> <p>Increased access and uptake of free pregnancy testing and contraception, including LARC</p> <p>Increased access to early antenatal care</p>	<p>Edna Sutton/ Steve Mair Graham Lund</p> <p>Paul Redgrave/ Hilary Mosley</p>	<p>E(i) Provision of multi-agency support co-ordinated through CAF and lead professional roles</p> <p>E(ii) Workforce development includes EET, sexual health and contraception e.g. LARC</p> <p>E(iii) Clear referral pathways between maternity, FNP and on-</p>	<p>No of repeat teenage pregnancies (unplanned)</p> <p>No of teenage parents receiving floating support or placed in a housing project</p> <p>Proportion of 16-18 year olds who are</p>	


<p>All lone teenage parents who cannot live at home receive intensive floating support or are placed in a dedicated housing project</p> <p>Added Value Improved information sharing Professionals have improved working relationships with young parents and families NI 126 Reduced NEET and increased participation NI 117 Improved staff recruitment and retention Improved multi-agency relationships Services provide seamless support for young teenage families</p>	<p>Sandra Taylor/ Sue Gibson Sue Wing</p>	<p>going support services</p> <p>E(iv) Early support in the antenatal period with duration and intensity tailored to individual need</p> <p>E(v) Arrangements are in place to ensure effective joint working between FNP and other relevant support services</p> <p>E(vi) Accurate information is gathered on the housing needs of teenage parents</p>	<p>EETs/NEETs</p> <p>No. of teenage parents supported through FNP</p> <p>x% of professionals receive quality training sessions from their "train the trainer" colleagues</p>	
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Priority Objective

Action Plan Status (RAG)

White: Not started – not yet due to start (insert NS rating in RAG section) Left White

Green: On track with progress on actions against detailed action plan/dates
Insert 'completed' in comments section, if all actions are successfully finished 

Amber: Generally on track with progress against detailed action plan but with slippage in some areas – requiring some attention to mitigate level of risk 

Red: Concerns with progress against action plan – major slippage posing significant risk to delivery of overall priority 